



MOZAMBIQUE

BACKGROUND

Extreme poverty, urban and cross-border migration and low literacy levels have fueled the HIV/AIDS epidemic in Mozambique. Half of the nearly one and a half million people living with HIV/AIDS in Mozambique are between the ages of 15 and 29.ⁱ Rather than increasing, life expectancy in Mozambique is expected to drop to 36 years by 2010 and by 2015, infant mortality is projected to be 25 percent higher than it would have been without HIV/AIDS.ⁱⁱ Currently, there are 420,000 orphans due to AIDS in Mozambique, which will increase to approximately 1.13 million orphans over the next eight years.ⁱⁱⁱ

HIV/AIDS Indicators at a Glance	
Total Population (2001)	16.9mil
Adult HIV Prevalence (2001)	13.0%
Estimated number of adults and children living with HIV/AIDS (2001)	1.1mil
HIV-1 Seroprevalence in urban areas:	
Most vulnerable populations	9.0%
Less vulnerable populations	9.9%

Source: UNAIDS, U.S. Census Bureau

PATHFINDER'S RESPONSE TO HIV/AIDS IN MOZAMBIQUE



Since 1997, Pathfinder's programs in Mozambique have focused on increasing the availability and use of reproductive and sexual health services including family planning in order to contribute to reduce infant, child, and maternal mortality rates; reduce the prevalence of sexually transmitted infections (STIs) and HIV/AIDS. The program has a special focus on Adolescent Sexual and Reproductive Health aimed at strengthening institutional capability of governmental organizations to develop policies and strategies in the area of sexual and reproductive health. Additionally has strengthened management capability of non government organizations to provide services.

Health Service Delivery Support Project (HSDS)

Under this USAID-funded subcontract to John Snow, Inc., Pathfinder is responsible for the RH component, which includes STIs and HIV/AIDS. Pathfinder provided training for over 2,000 nurses, physicians and other service providers on obstetric care, adolescent health, family planning and HIV/AIDS. Providers received training on diagnosis and treatment of STIs, as well as HIV/AIDS prevention. The program also addresses HIV/AIDS among adolescents by establishing youth friendly services (YFS) in 10 existing health centers.

- **Multisectoral ASRH/STI/HIV/AIDS Program (*Geração Biz*)**

Geração Biz is an ambitious, potentially far-reaching and precedent-setting project building on a policy base and operating multisectorally with Youth, Health and Education Ministries in partnership with NGOs and Youth Associations at central and provincial levels. It is also a complex project, involving numerous interactions among multiple partners, requiring initial institutional strengthening of many of these organizational and agency participants.

The goal of the multisectoral ASRH/STI/HIV/AIDS program is to improve the sexual and reproductive health of adolescents, including the reduction in the incidence of too-early pregnancy, STI and HIV among this

subpopulation, by providing activities, institutionalized within government ministries and coordinated multisectorally, that equip young people with needed knowledge, life skills, and access to quality services. The program has been implemented since 1999, with the support of UNFPA, DANIDA and NORAD in 6 out of the 11 provinces encouraging behavior change through peer education and innovative media campaigns. Pathfinder provides Technical Assistance to all line Ministries, provincial Directorates and NGOS partners. Program main strategies comprise peer education, community out reach, and YFS. Up to present the program has reached more than 100 schools, trained more than 1000 peer educators and implemented 20 youth corners at Schools. At community level has trained more than 600 peer educators and established more than 15 youth centers managed by youth associations. Geração Biz offers YFS in more than 30 SDP through existing MOH clinics as well as through adolescent-only clinics run by MOH. STI/HIV testing in many locations and produces and widely distributes youth-focused posters, pamphlets and other materials about HIV/AIDS. Through those synergic activities the program has reached over 100.000 young people with information, life skill and services in ASRH/STI/HIV/AIDS.

❖ Community-Based Services in Zambezia

This UNFPA-funded project focuses on the community-based services including distribution of contraceptives and RH services through AMODEFA, a local NGO. The project trains community health workers to provide information and referrals for family planning and HIV/AIDS education and services.

FOR MORE INFORMATION, CONTACT:

Rita Bađiani, Country Representative ♦ Pathfinder International/Mozambique
No. 1919, 6 Andar ♦ Avenida Ahmed Sekou Toure ♦ Maputo, Mozambique
Tel: +258 (1) 313-547 ♦ Fax: +258 (1) 313-546 ♦ Email: Rbađiani@pathfind.org

Tayla Colton ♦ HIV/AIDS Technical Services Associate ♦ Pathfinder International ♦ Email: Tcolton@pathfind.org

ⁱ USAID. 2001. Leading the way: USAID responds to HIV/AIDS. www.usaid.gov

ⁱⁱ Ibid. 2001.

ⁱⁱⁱ UNAIDS. 2002. Mozambique: Epidemiological Fact Sheets on HIV/AIDS and STIs. www.unaids.org